

**NET REFERENCE**

Info on this list will be updated when new information is found or when new information is submitted to: [info@ko6ofk.com](mailto:info@ko6ofk.com)

If you would like to help verify these nets please listen for nets that are currently not marked as verified and report your findings back

If you have other nets you would like included on the list or you would like your club nets listed please email the above address with all net information

Please report all errors to: [info@ko6ofk.com](mailto:info@ko6ofk.com)

The Net Reference is curently setup by day on tabs at the botton of the shared spreadsheet  
Each day is easily printable from that tab

If you are looking for a PDF for the entire week that will be availbe after each major update the list from this page at a link that will be provided below:

**NET LIST PDF DOWNLOAD**

<https://ko6ofk.com/wp-content/uploads/2026/07/2026-Net-Reference-Northern-CA-7.9.26.pdf>

|                |    |        |
|----------------|----|--------|
| Revision Level | 23 | 7/9/26 |
|----------------|----|--------|

**Contra Costa / Alameda County / Regional - EMCOMM Nets and Club Net Information - HF NETS ARE HIGHLIGHTED**

| <b>MONDAY</b>                                                      |                 |                 |                                                                                                                                                                                                                                                                           |
|--------------------------------------------------------------------|-----------------|-----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Day</b>                                                         | <b>Time</b>     | <b>Verified</b> | <b>Info</b>                                                                                                                                                                                                                                                               |
| 5:42 Morning Muster                                                | <b>5:42 AM</b>  | <b>7/26</b>     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) W6CX Repeater Net Control Trevor Hall, WA6JAU. - Rep Site: Mt. Diablo                                                                                          |
| 6:10 Commuter Net                                                  | <b>6:10 AM</b>  | <b>7/26</b>     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) Net Control is Harry Styron, K6HS. - Rep Site: Mt. Diablo                                                                                                      |
| Early Bird Net                                                     | <b>6:15 AM</b>  |                 | Vallejo Area - K6LI 145.310 MHZ (MINUS OFFSET/PL 88.5) - NBARA - <a href="http://wp.nbara.org">wp.nbara.org</a>                                                                                                                                                           |
| Over the Hill Gang Breakfast/Commute Net                           | <b>7:10 AM</b>  |                 | WA6KQB, 145.110 MHz, - Split, PL = 82.5 Hz - <a href="http://www.wa6kqb.org/nets.html">www.wa6kqb.org/nets.html</a> - San Pablo                                                                                                                                           |
| HF - RV Radio Network                                              | <b>8:00 AM</b>  |                 | 40 Meters, 7.2685 MHz LSB                                                                                                                                                                                                                                                 |
| HF - California Rescue Net (Gordon West Net)                       | <b>8:30 AM</b>  |                 | 40 meters: 7250 KHz LSB                                                                                                                                                                                                                                                   |
| 9 a.m. Talk Net - San Pablo Area                                   | <b>9:00 AM</b>  | <b>7/26</b>     | N6NFI, 145.230 MHz, - Split, PL = 100 Hz - Rep Site: Palo Alto                                                                                                                                                                                                            |
| HF - Ladies of the Net                                             | <b>10:00 AM</b> |                 | 40 meters: 7245 KHz LSB (Search Facebook for "Ladies of The Net", <a href="https://y1rl.net/meet">https://y1rl.net/meet</a> or contact AA6MW@BeniciaARC.com)                                                                                                              |
| HF - Reno QRP Group                                                | <b>11:00 AM</b> |                 | 40 Meters: 7.045 MHz LSB (Email: nu7t@arrl.net)                                                                                                                                                                                                                           |
| CW / Digital / Trivia net                                          | <b>11:00 AM</b> |                 | VALLEJO, CALIFORNIA VHF 145.310 MHZ (MINUS OFFSET/PL 88.5) and UHF 442.425 (positive offset/PL88.5) – K6LI - CW Code Practice                                                                                                                                             |
| HF - Noon Time Net                                                 | <b>12:00 PM</b> |                 | 40 meters: 7.2685 MHz LSB & 80 meters: 3970 KHz LSB                                                                                                                                                                                                                       |
| HF - RV Radio Network (except Sat)                                 | <b>5:00 PM</b>  |                 | 40 Meters: 7.264 MHz LSB <a href="https://rvradionetwork.com">https://rvradionetwork.com</a>                                                                                                                                                                              |
| HF - California Traffic net                                        | <b>6:00 PM</b>  |                 | 80 meters: 3.906 MHz, LSB - <a href="https://www.califtrafficnet.com/">https://www.califtrafficnet.com/</a>                                                                                                                                                               |
| HF - San Joaquin Net                                               | <b>6:00 PM</b>  |                 | 80 meters: 3.918 MHz, LSB <a href="http://www.3918.org/">http://www.3918.org/</a>                                                                                                                                                                                         |
| HF - Reno QRP Group                                                | <b>6:30 PM</b>  |                 | 40 Meters: 7.045 MHz LSB (Email: <a href="mailto:nu7t@arrl.net">nu7t@arrl.net</a> )                                                                                                                                                                                       |
| American Red Cross of the Bay Area (ARCBA)                         | <b>7:00 PM</b>  |                 | 147.420 MHz Simplex - From Ssan Francisco Area                                                                                                                                                                                                                            |
| GOTA - Get On The Air "Band Tour                                   | <b>7:00 PM</b>  |                 | A different band each Monday - <a href="https://www.qrz.com/db/NR5NN">https://www.qrz.com/db/NR5NN</a>                                                                                                                                                                    |
| LARK Monday Night Net                                              | <b>7:00 PM</b>  | <b>7/26</b>     | AD6KV - 147.120 + (100 Hz PL) or WA6ODP - 145.350 - (100 Hz PL) - 147.120, + Split, PL = 100 <a href="http://www.livermoreark.org/nets/nets.html">www.livermoreark.org/nets/nets.html</a>                                                                                 |
| Hornet Amateur Radio Club (HARC)                                   | <b>7:00 PM</b>  |                 | WB6NDJ; 146.880 MHz, – split, PL = 77 Hz) - Rep Site: Oakland                                                                                                                                                                                                             |
| HF - Golden Bear Net                                               | <b>7:00 PM</b>  |                 | 80 meters: 3.975 MHz, LSB <a href="http://www.goldenbearnet.org">www.goldenbearnet.org</a>                                                                                                                                                                                |
| HF – GOTA - Get On The Air "Band Tour                              | <b>7:00 PM</b>  |                 | A different band each Monday - <a href="https://www.qrz.com/db/NR5NN">https://www.qrz.com/db/NR5NN</a>                                                                                                                                                                    |
| Northern Calif. Net VHF Session - ARRL Traffic System              | <b>7:30 PM</b>  |                 | WA6HAM, 145.410 MHz, - Split, PL = 107.2 Hz - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                                                                                                                                    |
| Benicia Amateur Radio Club (BARC) net                              | <b>7:30 PM</b>  |                 | KR6BEN; 441.250 MHz, PL = 100 Hz (Last Monday of the month.) - KR6BEN; 442.750 MHz, PL = 100 Hz <a href="http://beniciaarc.com/wp/">beniciaarc.com/wp/</a>                                                                                                                |
| Hayward Amateur Radio Club / ARES Net                              | <b>7:30 PM</b>  |                 | K6EAG: 145.130 MHz, + Split, PL = 127.3 Hz - <a href="http://www.qsl.net/k6eag">www.qsl.net/k6eag</a> - Rep Site: Hayward                                                                                                                                                 |
| SBARA Chat                                                         | <b>7:30 PM</b>  |                 | WA6PWW: 147.015 MHz, + Split, PL = 103.5 Hz - <a href="http://www.sbara.org">www.sbara.org</a> - Rep Site: Fremont                                                                                                                                                        |
| San Bruno Amateur Radio Club Net                                   | <b>7:30 PM</b>  |                 | WA6TOW: 146.925 MHz, - Split, PL = 114.8 Hz Use 146.505 MHz simplex if repeater is down - <a href="https://www.facebook.com/groups/1710496315864392">www.facebook.com/groups/1710496315864392</a> - Rep Site: San Bruno                                                   |
| HF - Western Public Service System Net                             | <b>7:30 PM</b>  |                 | 80 meters: 3.952 MHz, LSB <a href="http://www.3952khz.net">www.3952khz.net</a>                                                                                                                                                                                            |
| Contra Costa Repeater Assoc. (CCRA) Net                            | <b>7:35 PM</b>  |                 | WA6HAM: 145.490 MHz, 147.735 MHz, 145.410 MHz (Linked); - Split, PL = 107.2 Hz - <a href="http://ccra.us">http://ccra.us</a> - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                                                   |
| LocalHams ( <a href="http://www.darc.club">www.darc.club</a> ) Net | <b>7:45 PM</b>  |                 | 146.490 MHz simplex, No PL or CTCSS (see <a href="http://localhams.nfshost.com">localhams.nfshost.com</a> ) – DARC                                                                                                                                                        |
| DMR - Papa DMR Roundtable Net                                      | <b>8:00 PM</b>  |                 | California Talkgroup 31077 <a href="http://papasys.com/index.php?pageid=Nets">papasys.com/index.php?pageid=Nets</a>                                                                                                                                                       |
| American Red Cross of the Bay Area (ARCBA)                         | <b>8:00 PM</b>  |                 | WW6BAY - 443.975 MHz (+ Split, PL 100 Hz) - Rep Site: Blk Mtn, Palo Alto                                                                                                                                                                                                  |
| Salvation Army Team Emergency Net (SATERN)                         | <b>8:00 PM</b>  | <b>7/26</b>     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) including Echo Link, Fusion and D-Star - <a href="http://www.salvationarmy.org/satern-program">www.salvationarmy.org/satern-program</a> - Rep Site: Mt. Diablo |
| HF - California Emergency Services Net (CESN)                      | <b>8:00 PM</b>  |                 | 80 meters: 3992 KHz (3960 alternate) LSB                                                                                                                                                                                                                                  |
| HF - California Emergency Services Net (CESN)                      | <b>8:30 PM</b>  |                 | 4th Monday - 40 Meters: 7192 KHz LSB ( <a href="http://www.acscalifornia.org/nets.php">www.acscalifornia.org/nets.php</a> now 404, caIOES. ca.gov, Sep 2021)                                                                                                              |
| Cathay Amateur Radio Club                                          | <b>9:00 PM</b>  |                 | W6BUR: 146.670 MHz, + Split, PL = 85.4 Hz - <a href="http://www.cathayradio.org">www.cathayradio.org</a> - Rep Site: Oakland                                                                                                                                              |
| Red Carpet Radio Club - SF Bay Area - Confirm                      | <b>9:00 PM</b>  |                 | WA6GEL - 444.800 MHz, +5.000 MHz - PL: 179.9 Hz (TX & RX) - Rep Site: SF Bay Area                                                                                                                                                                                         |
| Santa Clara Valley Repeater Society                                | <b>9:00 PM</b>  |                 | WB6OQS: 146.76 MHz, - Split, PL = 151.4 Hz - <a href="http://www.scvrs.org/misc/body_netscrp.html">www.scvrs.org/misc/body_netscrp.html</a> - Rep Site: San Jose / Santa Clara                                                                                            |

**NOTES:**

**NETS to try to confirm:**

7pm – 147.200 Unknown Net

7-715pm – 145.350 – Unknown Net

8:30pm – 145.230 Palo Alto – Unknown Net

7:35pm K6JPR Three Peaks Radio Weekly Net – Mondays at 7:35 PM



**Contra Costa / Alameda County / Regional - EMCOMM Nets and Club Net Information - HF NETS ARE HIGHLIGHTED**

| <b>TUESDAY</b>                                        |                 |                 |                                                                                                                                                                                                                                                                                                                                   |
|-------------------------------------------------------|-----------------|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Day</b>                                            | <b>Time</b>     | <b>Verified</b> | <b>Info</b>                                                                                                                                                                                                                                                                                                                       |
| 5:42 Morning Muster                                   | <b>5:42 AM</b>  | <b>7/26</b>     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) W6CX Repeater Net Control Trevor Hall, WA6JAU. - Rep Site: Mt. Diablo                                                                                                                                                  |
| 6:10 Commuter Net                                     | <b>6:10 AM</b>  | <b>7/26</b>     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) Net Control is Harry Styron, K6HS. - Rep Site: Mt. Diablo                                                                                                                                                              |
| Early Bird Net                                        | <b>6:15 AM</b>  |                 | Vallejo Area - K6LI 145.310 MHz (MINUS OFFSET/PL 88.5) - NBARA - <a href="http://wp.nbara.org">wp.nbara.org</a>                                                                                                                                                                                                                   |
| Over the Hill Gang Breakfast / Commute Net            | <b>7:10 AM</b>  |                 | WA6KQB, 145.110 MHz, - Split, PL = 82.5 Hz - <a href="http://www.wa6kqb.org">www.wa6kqb.org</a> - Rep Site: San Pablo                                                                                                                                                                                                             |
| HF - RV Radio Network                                 | <b>8:00 AM</b>  |                 | 40 Meters, 7.2685 MHz LSB                                                                                                                                                                                                                                                                                                         |
| HF - California Rescue Net (Gordon West Net)          | <b>8:30 AM</b>  |                 | 40 meters: 7250 KHz LSB                                                                                                                                                                                                                                                                                                           |
| 9 a.m. Talk Net                                       | <b>9:00 AM</b>  |                 | N6NFI, 145.230 MHz, - Split, PL = 100 Hz - Rep Site: Palo Alto                                                                                                                                                                                                                                                                    |
| HF - Ladies of the Net                                | <b>10:00 AM</b> |                 | 40 meters: 7245 KHz LSB (Search Facebook for "Ladies of The Net", <a href="https://yrlr.net/meet">https://yrlr.net/meet</a> or contact AA6MW@BeniciaARC.com)                                                                                                                                                                      |
| HF - Noon Time Net                                    | <b>12:00 PM</b> |                 | 40 meters: 7.2685 MHz LSB & 80 meters: 3970 KHz LSB                                                                                                                                                                                                                                                                               |
| HF - RV Radio Network (except Sat)                    | <b>5:00 PM</b>  |                 | 40 Meters: 7.264 MHz LSB <a href="https://rvradionetwork.com">https://rvradionetwork.com</a>                                                                                                                                                                                                                                      |
| HF - California Traffic net                           | <b>6:00 PM</b>  |                 | 80 meters: 3.906 MHz, LSB - <a href="https://www.califtrafficnet.com/">https://www.califtrafficnet.com/</a>                                                                                                                                                                                                                       |
| HF - San Joaquin Net                                  | <b>6:00 PM</b>  |                 | 80 meters: 3.918 MHz, LSB <a href="http://www.3918.org/">http://www.3918.org/</a>                                                                                                                                                                                                                                                 |
| 222 Tuesdays                                          | <b>6:00 PM</b>  |                 | 1.25 Meter 223.500 FM - Benicia Area                                                                                                                                                                                                                                                                                              |
| Technical Round Table Net - MDARC - ATV               | <b>6:00 PM</b>  |                 | W6CX Repeater - Voice: 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) - ATV Input: 1292.50 MHz Digital 1270 MHz FM - ATV Output: 1244.5 MHz Digital - Questions answered on all things HAM - Rep Site: Mt. Diablo                                                                     |
| Alamo Emergency Communications Net                    | <b>6:45 PM</b>  |                 | 147.570 MHz Simplex - Tuesday Only - Weekly                                                                                                                                                                                                                                                                                       |
| SBARA Youth Net                                       | <b>7:00 PM</b>  |                 | N6NFI, 145.230 MHz, - Split, PL = 100 Hz (Parents with amateur licenses are encouraged to act as a control operator for interested kids. Echolink node W6REK-R (828105) is available for those out of range of the repeater - See <a href="https://www.sbara.org">https://www.sbara.org</a> for more info.) - Rep Site: Palo Alto |
| HF - Golden Bear Net                                  | <b>7:00 PM</b>  |                 | 80 meters: 3.975 MHz, LSB <a href="http://www.goldenbearnert.org">www.goldenbearnert.org</a>                                                                                                                                                                                                                                      |
| Kid's Net                                             | <b>7:30 PM</b>  |                 | WA6TEM: 147.855 MHz; - Split, PL = 100Hz - Rep Site: Saratoga / San Jose                                                                                                                                                                                                                                                          |
| QRM Net                                               | <b>7:30 PM</b>  |                 | WA6KQB: 224.300 MHz, - Split, PL = 82.5 Hz                                                                                                                                                                                                                                                                                        |
| CCCC 220 Net - MDARC                                  | <b>7:30 PM</b>  |                 | WA6KQB: 224.300 MHz, - Split, PL = 82.5 Hz - <a href="http://www.wa6kqb.org/nets.html">www.wa6kqb.org/nets.html</a> Rep Site: San Pablo                                                                                                                                                                                           |
| South Bay Amateur Radio Club / Tri-City ARES          | <b>7:30 PM</b>  |                 | WA6PWW: 147.015 MHz, + Split, PL = none - <a href="http://www.sbara.org">www.sbara.org</a> - Rep Site: Union City / Niles Canyon - <a href="http://sbara.org">sbara.org</a>                                                                                                                                                       |
| Northern Calif. Net VHF Session - ARRL Traffic System | <b>7:30 PM</b>  |                 | WA6HAM, 145.410 MHz, - Split, PL = 107.2 Hz -- Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                                                                                                                                                                                           |
| HF - Fat City CW Net                                  | <b>7:30 PM</b>  |                 | 10 Meters: 28.420, USB Voice, then CW.                                                                                                                                                                                                                                                                                            |
| HF - Western Public Service System Net                | <b>7:30 PM</b>  |                 | 80 meters: 3.952 MHz, LSB <a href="http://www.3952khz.net">www.3952khz.net</a>                                                                                                                                                                                                                                                    |
| DMR - SNARS DMR Net                                   | <b>8:00 PM</b>  |                 | SNARS Talkgroup 31328 - Sierra Nevada Amateur Radio Society                                                                                                                                                                                                                                                                       |
| Contra Costa Digital Practice Net                     | <b>8:00 PM</b>  | <b>7/26</b>     | 1st & 3rd Tuesday - W6CX Repeater - 2 meters 147.060 /+ (100PL); linked with 224.780 MHz; PL 77.0 / 441.325+ PL 100.0 Practice using fldigi (wikipedia) with mode MT63-2000 long - Rep Site: Highland / Bald / Kregor                                                                                                             |
| 10 Meter Digital Net                                  | <b>8:20 PM</b>  |                 | 10 meters: 2820 KHz, LSB - Follows Contra Costa Digital Practice Net                                                                                                                                                                                                                                                              |
| 80 Meter Digital Practice Net                         | <b>8:40 PM</b>  |                 | 80 meters: 3593 KHz, LSB - Follows Contra Costa Digital Practice Net                                                                                                                                                                                                                                                              |

**NOTES:**

**NETS to try to confirm:**

7pm - 145-370 - KM6CCM - 107.2?

Alamo EMCOMM might be daily at 6:45pm - Need to confirm

8pm - 222 Net might actually be on W6CX 0 224.580

**Contra Costa / Alameda County / Regional - EMCOMM Nets and Club Net Information - HF NETS ARE HIGHLIGHTED**

| <b>WEDNESDAY</b>                                      |                 |                 |                                                                                                                                                                                                                                                                                                                                   |
|-------------------------------------------------------|-----------------|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Day</b>                                            | <b>Time</b>     | <b>Verified</b> | <b>Info</b>                                                                                                                                                                                                                                                                                                                       |
| 5:42 Morning Muster                                   | <b>5:42 AM</b>  | <b>7/26</b>     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) Net Control Trevor Hall, WA6JAU. - Rep Site: Mt. Diablo                                                                                                                                                                |
| 6:10 Commuter Net                                     | <b>6:10 AM</b>  | <b>7/26</b>     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) Net Control is Harry Styron, K6HS. - Rep Site: Mt. Diablo                                                                                                                                                              |
| Early Bird Net                                        | <b>6:15 AM</b>  |                 | Vallejo Area - K6LI 145.310 MHZ (MINUS OFFSET/PL 88.5) - NBARA - <a href="http://wp.nbara.org">wp.nbara.org</a>                                                                                                                                                                                                                   |
| Over the Hill Gang Breakfast/Commute Net              | <b>7:10 AM</b>  |                 | WA6KQB, 145.110 MHz, - Split, PL = 82.5 Hz - <a href="http://www.wa6kqb.org">www.wa6kqb.org</a> - Rep Site: San Pablo                                                                                                                                                                                                             |
| HF - RV Radio Network                                 | <b>8:00 AM</b>  |                 | 40 Meters, 7.2685 MHz LSB                                                                                                                                                                                                                                                                                                         |
| Rossmoor Ham Net                                      | <b>8:30 AM</b>  |                 | 146.430 MHz Simplex; No PL                                                                                                                                                                                                                                                                                                        |
| HF - California Rescue Net (Gordon West Net)          | <b>8:30 AM</b>  |                 | 40 meters: 7250 KHz LSB                                                                                                                                                                                                                                                                                                           |
| 9 a.m. Talk Net                                       | <b>9:00 AM</b>  |                 | N6NFI, 145.230 MHz, - Split, PL = 100 Hz - Rep Site: Palo Alto                                                                                                                                                                                                                                                                    |
| HF - California Emergency Services Net (CESN)         | <b>10:00 AM</b> |                 | 40 Meters: 7192 KHz LSB (see <a href="https://www.acscalifornia.org/nets.php">https://www.acscalifornia.org/nets.php</a> )                                                                                                                                                                                                        |
| HF - Ladies of the Net                                | <b>10:00 AM</b> |                 | 40 meters: 7245 KHz LSB (Search Facebook for "Ladies of The Net", <a href="https://yrlr.net/meet">https://yrlr.net/meet</a> or contact AA6MW@BeniciaARC.com)                                                                                                                                                                      |
| HF - Noon Time Net                                    | <b>12:00 PM</b> |                 | 40 meters: 7.2685 MHz LSB & 80 meters: 3970 KHz LSB                                                                                                                                                                                                                                                                               |
| Bay Area Hospital Net (BAHN)                          | <b>12:00 PM</b> |                 | 4th Wednesday - W6CX/R 147.060 (+) PL 100.0. The BAHN is <b>NOT</b> a CoCo FEEDER Net, but multi-county. It is included here for general information. 2 meters 147.060 /+ (100PL) k6mpn.org and <a href="https://www.scc-ares-races.org/training/nets/hospital-net">https://www.scc-ares-races.org/training/nets/hospital-net</a> |
| HF - RV Radio Network (except Sat)                    | <b>5:00 PM</b>  |                 | 40 Meters: 7.264 MHz LSB <a href="https://rvradionetwork.com">https://rvradionetwork.com</a>                                                                                                                                                                                                                                      |
| Veterans Net - Open to all                            | <b>6:00 PM</b>  |                 | W6CX Repeater - 2 meters: 147.060 /+ (100PL) - Sponsored by the Pleasanton American Legion 237 radio club - Rep Site: Mt. Diablo                                                                                                                                                                                                  |
| HF - San Joaquin Net                                  | <b>6:00 PM</b>  |                 | 80 meters: 3.918 MHz, LSB <a href="http://www.3918.org/">http://www.3918.org/</a>                                                                                                                                                                                                                                                 |
| HF - California Traffic net                           | <b>6:00 PM</b>  |                 | 80 meters: 3.906 MHz, LSB - <a href="https://www.califtraffictnet.com/">https://www.califtraffictnet.com/</a>                                                                                                                                                                                                                     |
| Contra Costa Red Cross Net                            | <b>6:45 PM</b>  |                 | WA6HAM; 145.490 MHz, 147.735 MHz, 145.410 MHz; - Split, PL = 107.2 - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                                                                                                                                                                     |
| West Contra Costa County - ARES/RACES Net             | <b>6:45 PM</b>  |                 | WD6EZX; 145.110 MHz, - Split, PL = 82.5 - Rep Site: San Ramon / Walnut Creek                                                                                                                                                                                                                                                      |
| Walnut Creek CERT Net                                 | <b>6:50 PM</b>  | <b>7/26</b>     | KK6BSN; 443.825 MHz, + Split, PL = 167.9 (uplink & downlink) see <a href="https://sites.google.com/site/wccerthams/home">https://sites.google.com/site/wccerthams/home</a> - Rep Site: Walnut Creek                                                                                                                               |
| SKYWARN Net                                           | <b>7:00 PM</b>  | <b>7/26</b>     | W6CX Repeater - 2 meters: 147.060 /+ (100PL) via EchoLink to k6is.org/nets spotters coordinate through SF Bay Area & Monterey forecast office <a href="http://weather.gov/mtr/spotters">weather.gov/mtr/spotters</a> - Rep Site: Mt. Diablo                                                                                       |
| HF - Golden Bear Net                                  | <b>7:00 PM</b>  |                 | 80 meters: 3.975 MHz, LSB <a href="http://www.goldenbearnert.org">www.goldenbearnert.org</a>                                                                                                                                                                                                                                      |
| Hayward Amateur Radio Club                            | <b>7:00 PM</b>  |                 | K6EAG; 145.130 MHz, - Split, PL = 127.3 - <a href="http://www.qsl.net/k6eag">www.qsl.net/k6eag</a> - Rep Site: Hayward                                                                                                                                                                                                            |
| Rossmoor Net                                          | <b>7:30 PM</b>  |                 | 147.540 MHz Simplex, PL = 100 Hz                                                                                                                                                                                                                                                                                                  |
| Northern Calif. Net VHF Session - ARRL Traffic System | <b>7:30 PM</b>  |                 | WA6HAM, 145.410 MHz, - Split, PL = 107.2 Hz - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                                                                                                                                                                                            |
| Lamorinda Area Radio Interest Group (LARIG)           | <b>7:30 PM</b>  | <b>7/26</b>     | WA6HAM; 145.490 MHz; - Split, PL = 107.2; then move to: K6ORI; 442.975, 440.550, 440.975 (Linked); + Split, PL = 123 Hz for all; end net on: Lafayette-146.565 (simplex), Moraga-147.585 (simplex), Orinda-147.540 (simplex) - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                           |
| HF - Western Public Service System Net                | <b>7:30 PM</b>  |                 | 80 meters: 3.952 MHz, LSB <a href="http://www.3952khz.net">www.3952khz.net</a>                                                                                                                                                                                                                                                    |
| HF - LARK Windfarms / 10-10 Net                       | <b>7:30 PM</b>  |                 | 10 meters: 28.485± MHz; LSB                                                                                                                                                                                                                                                                                                       |
| Delta Amateur Radio Club darc.club                    | <b>8:00 PM</b>  | <b>7/26</b>     | W6CX Repeater - 2 meters: 147.060 /+ (100PL) - Rep Site: Mt. Diablo                                                                                                                                                                                                                                                               |
| Concord Auxiliary Radio Emergency Service             | <b>8:00 PM</b>  |                 | 147.405 MHz Simplex, PL 127.3 - (CARES)                                                                                                                                                                                                                                                                                           |
| American Red Cross of the Bay Area (ARCBA)            | <b>8:00 PM</b>  |                 | WW6BAY, 443.975 MHz, + Split, PL = 100 Hz                                                                                                                                                                                                                                                                                         |
| HF - SABRA Wednesday Night Roundtable                 | <b>8:00 PM</b>  |                 | 10 meters: 28.412.00 MHz USB (see <a href="https://www.sbara.org">https://www.sbara.org</a> )                                                                                                                                                                                                                                     |
| HF - Military Radio Collectors Net                    | <b>8:00 PM</b>  |                 | 75 Meters: 3.9960 MHz USB (see <a href="http://www.mrca.ar88.net/Nets/default.html">http://www.mrca.ar88.net/Nets/default.html</a> )                                                                                                                                                                                              |
| W6HHS - Amateur Radio Club                            | <b>8:15 PM</b>  |                 | WA6HAM linked repeaters 147.7350 -, 145.490 -, 145.410 -, all PL 107.2 - Heritage High School (Brentwood) Amateur Radio Club- W6HHS - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                                                                                                    |

**NOTES:**

**NETS to try to confirm:**

7:30pm – Valley of the Moon Net – WA6ODP – KO6DXF

7-715pm – 147.235 – Possibly ALCO SO Comm Team Net

WA6HAM - W6BB – UC Berkeley Amateur Radio Club Weekly Net – Wednesdays at Noon

WA6HAM CCC Red Cross Communications Group – Wednesdays at 6:45 PM

WA6HAM Lamorinda Amateur Radio Interest Group (LARIG) – Wednesdays at 7:30 PM - Same time as: Northern CA VHF Session?

WA6HAM Heritage High School Amateur Radio Club Net (W6HHS)– Wednesdays at 8:15 PM

Need to verify West Contra Costa County - ARES/RACES Net6:45 PMWD6EZX; 145.110 MHz, – Split, PL = 82.5 - Rep Site: San Ramon / Walnut Creek

**Contra Costa / Alameda County / Regional - EMCOMM Nets and Club Net Information - HF NETS ARE HIGHLIGHTED**

| THURSDAY                                              |          |          |                                                                                                                                                                                                                      |
|-------------------------------------------------------|----------|----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Day                                                   | Time     | Verified | Info                                                                                                                                                                                                                 |
| 5:42 Morning Muster                                   | 5:42 AM  | 7/26     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) Net Control Trevor Hall, WA6JAU. - Rep Site: Mt. Diablo                                                   |
| 6:10 Commuter Net                                     | 6:10 AM  | 7/26     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) Net Control is Harry Styron, K6HS. - Rep Site: Mt. Diablo                                                 |
| Early Bird Net                                        | 6:15 AM  |          | Vallejo Area - K6LI 145.310 MHZ (MINUS OFFSET/PL 88.5) - NBARA - <a href="http://wp.nbara.org">wp.nbara.org</a>                                                                                                      |
| Over the Hill Gang Breakfast/Commute Net              | 7:10 AM  |          | WA6KQB, 145.110 MHz, - Split, PL = 82.5 Hz - <a href="http://www.wa6kqb.org">www.wa6kqb.org</a> - Rep Site: San Pablo                                                                                                |
| HF - RV Radio Network                                 | 8:00 AM  |          | 40 Meters, 7.2685 MHz LSB                                                                                                                                                                                            |
| HF - California Rescue Net (Gordon West Net)          | 8:30 AM  |          | 40 meters: 7250 KHz LSB                                                                                                                                                                                              |
| 9 a.m. Talk Net                                       | 9:00 AM  |          | N6NFI, 145.230 MHz, - Split, PL = 100 Hz - Rep Site: Palo Alto                                                                                                                                                       |
| Rossmoor ARES net                                     | 9:00 AM  |          | 146.430 MHz Simplex                                                                                                                                                                                                  |
| HF - Ladies of the Net                                | 10:00 AM |          | 40 meters: 7245 KHz LSB (Search Facebook for "Ladies of The Net", <a href="https://yrlr.net/meet">https://yrlr.net/meet</a> or contact AA6MW@BeniciaARC.com)                                                         |
| CW / Digital / Trivia net                             | 11:00 AM |          | K6LI - VHF 145.310 MHz ( - OFFSET/PL 88.5) and UHF 442.425 ( + offset/PL88.5) - CW Code Practice - Rep Site: Vallejo                                                                                                 |
| HF - Noon Time Net                                    | 12:00 PM |          | 40 meters: 7.2685 MHz LSB & 80 meters: 3970 KHz LSB                                                                                                                                                                  |
| RV Radio Network                                      | 6:00 PM  |          | *SELINK* Echolink (see <a href="https://rvradionetwork.com/echolink.php">https://rvradionetwork.com/echolink.php</a> )                                                                                               |
| HF - Contra Costa HF EMCOMM Net                       | 6:00 PM  |          | 40 meters: 7214 KHz, +/- 5 KHz, LSB                                                                                                                                                                                  |
| HF - San Joaquin Net                                  | 6:00 PM  |          | 80 meters: 3.918 MHz, LSB <a href="http://www.3918.org/">http://www.3918.org/</a>                                                                                                                                    |
| HF - California Traffic net                           | 6:00 PM  |          | 80 meters: 3.906 MHz, LSB - <a href="https://www.califtraffnet.com/">https://www.califtraffnet.com/</a>                                                                                                              |
| HF - Contra Costa HF EMCOMM Net                       | 6:15 PM  |          | 60 meters: 5348 KHz (5346.5 dial frequency) USB Alternate: 5332 KHz (5330.5 KHz dial frequency)                                                                                                                      |
| HF - Contra Costa HF EMCOMM Net                       | 6:30 PM  |          | 80 meters: 3893 KHz +/- 5 KHz LSB Alternate: 3888 KHz                                                                                                                                                                |
| HF Countywide EMCOMM Net                              | 6:35 PM  |          | 3.893 MHz LSB                                                                                                                                                                                                        |
| Walnut Creek CERT                                     | 6:40 PM  | 7/26     | KK6BSN 443.825 MHz (+) PL 167.9 146.460 MHz Simplex - <a href="http://www.sites.google.com/site/wccerthams/home">www.sites.google.com/site/wccerthams/home</a> - Walnut Creek Area                                   |
| West Contra Costa County EMCOMM Net                   | 6:45 PM  |          | WA6KQB; 145.110 MHz, - Split, PL= 82.5 Hz (see <a href="http://www.wa6kqb.org/nets.html">http://www.wa6kqb.org/nets.html</a> )                                                                                       |
| Martinez Emergency Net - Simplex                      | 6:45 PM  | 7/26     | 146.505 MHz Simplex                                                                                                                                                                                                  |
| Amateur Radio Club of Alameda / ARES Net              | 7:00 PM  |          | K6QLF - 444.600 MHz, - Split, PL = 88.5 Hz <a href="http://arcamh.org">arcamh.org</a> - Rep Site: Alameda                                                                                                            |
| Shelter in Place Emergency Net                        | 7:00 PM  |          | K6LI - VHF 145.310 MHz ( - OFFSET/PL 88.5) and UHF 442.425 ( + offset/PL88.5) - Rep Site: Vallejo                                                                                                                    |
| KARO / ECHO                                           | 7:00 PM  |          | 146.415 MHz Simplex - Location: Kensington / El Cerrito                                                                                                                                                              |
| Central Contra Costa County EMCOMM Net                | 7:00 PM  | 7/26     | 145.680 MHz Simplex - Location: Central Contra Costa County                                                                                                                                                          |
| East County Costa County Net                          | 7:00 PM  |          | 146.535 MHz Simplex - <a href="http://www.darc.club/nets/delta-nets">www.darc.club/nets/delta-nets</a>                                                                                                               |
| KARO/ECHO ARES/RACES Net                              | 7:00 PM  |          | 146.415 MHz Simplex                                                                                                                                                                                                  |
| South County Contra Costa County EMCOMM Net           | 7:00 PM  |          | 147.480 MHz Simplex, alt K6SRM 146.355 MHz (+) PL 100.0                                                                                                                                                              |
| South County Contra Costa County EMCOMM Net           | 7:00 PM  |          | K6SRM; 146.355 MHz, + Split, PL = 100 Hz - Rep Site: Danville                                                                                                                                                        |
| NBARA - EMCOMM NET                                    | 7:00 PM  |          | K6LI - 442.425 PL 88.5 (+) 88.5 Primary 70 cm repeater - Rep Site: Vallejo, CA - <a href="http://wp.nbara.org">wp.nbara.org</a>                                                                                      |
| SRV CERT - South County EMCOMM Net                    | 7:00 PM  |          | TAC 10 VHF, 147.4800 simplex, Tx Tone (T20) 77.0 or BOLX UHF (crossband linker) 443.1000 simplex, Rx/Tx Tone (T6) 156.7                                                                                              |
| DMR - Northern California DMR Net                     | 7:00 PM  |          | NorCal Talk Group 31068                                                                                                                                                                                              |
| Ladies of the Net - Affiliated                        | 7:00 PM  |          | 80 Meters, 3880 KHz USB                                                                                                                                                                                              |
| HF - Golden Bear Net                                  | 7:00 PM  |          | 80 meters: 3.975 MHz, LSB <a href="http://www.goldenbearnet.org">www.goldenbearnet.org</a>                                                                                                                           |
| SRV CERT - Repeater Net                               | 7:10 PM  | 7/26     | WA6KBP 442.7250/447.7250, Tone 210.7 - Rep Site: Dublin                                                                                                                                                              |
| Martinez Emergency Net - Repeater                     | 7:10 PM  | 7/26     | KF6HTE repeater 444.450 MHz (+) PL 107.2                                                                                                                                                                             |
| (NALCO) ARES/RACES                                    | 7:15 PM  |          | N6BRK; 440.900 MHz, + Split, PL = 131.8 Hz Northern Alco                                                                                                                                                             |
| Contra Costa County - Wide EMCOMM Net                 | 7:20 PM  | 7/26     | WA6HAM; 145.490 MHz, 147.735 MHz, 145.410 MHz (Linked); - Split, PL = 107.2 - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                                               |
| Northern Calif. Net VHF Session - ARRL Traffic System | 7:30 PM  |          | WA6HAM, 145.410 MHz, - Split, PL = 107.2 Hz - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                                                                               |
| Contra Costa Communications Club Net                  | 7:30 PM  |          | WA6KQB - 145.110 MHz, - Split, PL= 82.5 Hz - <a href="http://www.wa6kqb.org/nets.html">www.wa6kqb.org/nets.html</a> - Rep Site: San Pablo                                                                            |
| LARK - Newcomer & Tech Net                            | 7:30 AM  | 7/26     | AD6KV (147.120 MHz + (100 Hz PL) and WA6ODP (145.350 MHz - (100 Hz PL)                                                                                                                                               |
| Oakland ARES EMCOMM Net                               | 7:30 PM  |          | WB6NDJ; 146.880 MHz; - Split, PL = 77 Hz - Rep Site: Oakland                                                                                                                                                         |
| MDARC Club Net                                        | 7:30 PM  | 7/26     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) - Rep Site: Mt. Diablo                                                                                    |
| San Francisco ACS Net                                 | 7:30 PM  |          | WA6GG: 442.050 MHz, + Split, PL = 127.3 Hz                                                                                                                                                                           |
| Millbrae Amateur Radio Club (MARC)                    | 7:30 PM  |          | 146.490 simplex, no PL ( <i>except the first Thursday</i> )                                                                                                                                                          |
| 4C's Evening Net                                      | 7:30 PM  |          | 145.110 MHz Simplex                                                                                                                                                                                                  |
| HF - Western Public Service System Net                | 7:30 PM  |          | 80 meters: 3.952 MHz, LSB <a href="http://www.3952khz.net">www.3952khz.net</a>                                                                                                                                       |
| Foothills Amateur Radio Society Net                   | 8:00 PM  |          | N6HFI: 145.230 MHz; - Split, PL = 100Hz Hz (see <a href="https://www.fars.k6ya.org">https://www.fars.k6ya.org</a> )                                                                                                  |
| General ATV Net                                       | 8:00 PM  | 7/26     | W6CX Repeater - Voice: 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) ATV Input: 1292.50 MHz Digital 1270 MHz FM - ATV Output: 1244.5 MHz Digital - Rep Site: Mt. Diablo |
| Sidewinders on Two (SWOT)                             | 8:00 PM  |          | 144.250 MHz Simplex (see <a href="https://swotrc.net/TheSWOTRCHP.aspx">https://swotrc.net/TheSWOTRCHP.aspx</a> )                                                                                                     |

|               |         |                                                       |
|---------------|---------|-------------------------------------------------------|
| HF - RACES HF | 8:00 PM | 1st Thursday of the month - 80 meters: 3.890 MHz, LSB |
| NOTES:        |         |                                                       |

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**Contra Costa / Alameda County / Regional - EMCOMM Nets and Club Net Information - HF NETS ARE HIGHLIGHTED**

| FRIDAY                                                |          |          |                                                                                                                                                                      |
|-------------------------------------------------------|----------|----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Day                                                   | Time     | Verified | Info                                                                                                                                                                 |
| 5:42 Morning Muster                                   | 5:42 AM  | 7/26     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) Net Control Trevor Hall, WA6JAU. - Rep Site: Mt. Diablo   |
| 6:10 Commuter Net                                     | 6:10 AM  | 7/26     | W6CX Repeater - 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) Net Control is Harry Styron, K6HS. - Rep Site: Mt. Diablo |
| Early Bird Net                                        | 6:15 AM  |          | Vallejo Area - K6LI 145.310 MHZ (MINUS OFFSET/PL 88.5) - NBARA - <a href="http://wp.nbara.org">wp.nbara.org</a>                                                      |
| Over the Hill Gang Breakfast / Commute Net            | 7:10 AM  |          | WA6KQB, 145.110 MHz, - Split, PL = 82.5 Hz - <a href="http://www.wa6kqb.org/nets.html">www.wa6kqb.org/nets.html</a>                                                  |
| HF - RV Radio Network                                 | 8:00 AM  |          | 40 Meters, 7.2685 MHz LSB                                                                                                                                            |
| HF - LARK HF Net                                      | 8:30 AM  |          | 40 Meters: 7.2630± MHz, LSB - <a href="http://www.livermoreark.org/nets/nets.html">www.livermoreark.org/nets/nets.html</a>                                           |
| HF - California Rescue Net (Gordon West Net)          | 8:30 AM  |          | 40 meters: 7250 KHz LSB                                                                                                                                              |
| 9 a.m. Talk Net                                       | 9:00 AM  |          | N6NFI, 145.230 MHz, - Split, PL = 100 Hz                                                                                                                             |
| HF - Ladies of the Net                                | 10:00 AM |          | 40 meters: 7245 KHz LSB (Search Facebook for "Ladies of The Net", <a href="https://yirl.net/meet">https://yirl.net/meet</a> or contact AA6MW@BeniciaARC.com)         |
| HF - Noon Time Net                                    | 12:00 PM |          | 40 meters: 7.2685 MHz LSB & 80 meters: 3970 KHz LSB                                                                                                                  |
| HF - California Traffic net                           | 6:00 PM  |          | 80 meters: 3.906 MHz, LSB - <a href="http://www.califtrafficnet.com">www.califtrafficnet.com</a>                                                                     |
| HF - Golden Bear Net                                  | 7:00 PM  |          | 80 meters: 3.975 MHz, LSB <a href="http://www.goldenbearnet.org">www.goldenbearnet.org</a>                                                                           |
| Northern Calif. Net VHF Session - ARRL Traffic System | 7:30 PM  |          | WA6HAM, 145.410 MHz, - Split, PL = 107.2 Hz - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                               |
| HF - Western Public Service System Net                | 7:30 PM  |          | 80 meters: 3.952 MHz, LSB <a href="http://www.3952khz.net">www.3952khz.net</a>                                                                                       |
| DMR - California/Nevada DMR Roundtable                | 8:00 PM  |          | California DMR talk group, no. 3107                                                                                                                                  |
| Mad Scientists Amateur Radio Club Net                 | 9:00 PM  |          | N6MPX; 147.330 MHz, - Split, PL = 100 Hz - <a href="http://msarc.net">msarc.net</a> - Rep Site: San Mateo                                                            |
| NOTES:                                                |          |          |                                                                                                                                                                      |

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**Contra Costa / Alameda County / Regional - EMCOMM Nets and Club Net Information - HF NETS ARE HIGHLIGHTED**

| <b>SATURDAY</b>                                       |                 |                 |                                                                                                                                                                                             |
|-------------------------------------------------------|-----------------|-----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Day</b>                                            | <b>Time</b>     | <b>Verified</b> | <b>Info</b>                                                                                                                                                                                 |
| Over the Hill Gang Breakfast/Commute Net              | <b>7:10 AM</b>  |                 | WA6KQB, 145.110 MHz - Split, PL = 82.5 Hz - <a href="http://www.wa6kqb.org/nets.html">www.wa6kqb.org/nets.html</a> - Rep Site: San Pablo                                                    |
| HF - California Rescue Net (Gordon West Net)          | <b>8:30 AM</b>  |                 | 40 meters: 7250 KHz LSB                                                                                                                                                                     |
| CS245 Net - Moroga Orinda FD                          | <b>8:30 AM</b>  | <b>7/26</b>     | WA6HAM; 145.490 MHz, 147.735 MHz, 145.410 MHz (Linked); - Split, PL = 107.2 - Weekly Team Only Net - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda - Then moves to 442.975 K7DAA |
| DMR - Worldwide DMR BrandMeister Net                  | <b>9:00 AM</b>  |                 | BrandMeister Talk Group 91, Time Slot 1                                                                                                                                                     |
| 9 a.m. Talk Net                                       | <b>9:00 AM</b>  |                 | N6NFI, 145.230 MHz, - Split, PL = 100 Hz - Rep Site: San Pablo                                                                                                                              |
| Bay Area EMComm Net                                   | <b>9:00 AM</b>  |                 | WA6KQB; 145.110 MHz, - Split, PL= 82.5 Hz (see <a href="http://www.wa6kqb.org/nets.html">http://www.wa6kqb.org/nets.html</a> ) - Rep Site: San Pablo                                        |
| 4C's West County Net                                  | <b>9:15 AM</b>  |                 | 444.275 - Unknown other details - Need to add them                                                                                                                                          |
| HF - Military Radio Collectors Net                    | <b>9:00 AM</b>  |                 | 75 Meters: 3.9850 MHz AM (see <a href="http://www.mrca.ar88.net/Nets/default.html">http://www.mrca.ar88.net/Nets/default.html</a> )                                                         |
| HF - The Coffee Mug Net                               | <b>9:00 AM</b>  |                 | 16:00Z on 7185 KHz                                                                                                                                                                          |
| N & E CERT Net                                        | <b>9:30 AM</b>  |                 | WA6KQB; 145.110 MHz, - Split, PL= 82.5 Hz (see <a href="http://www.wa6kqb.org/nets.html">http://www.wa6kqb.org/nets.html</a> ) - Rep Site: San Pablo                                        |
| DIGITAL - FLDigi Net                                  | <b>9:40 AM</b>  |                 | 444.275 - KJ6DJ (Unknown if other settings needed)                                                                                                                                          |
| Ladies of the Net                                     | <b>10:00 AM</b> |                 | 40 meters: 7245 KHz LSB (Search Facebook for "Ladies of The Net", <a href="https://yrl.net/meet">https://yrl.net/meet</a> or contact AA6MW@BeniciaARC.com)                                  |
| HF - Noon Time Net                                    | <b>12:00 PM</b> |                 | 40 meters: 7.2685 MHz LSB & 80 meters: 3970 KHz LSB                                                                                                                                         |
| HF - San Joaquin Net                                  | <b>6:00 PM</b>  |                 | 80 meters: 3.918 MHz, LSB <a href="http://www.3918.org/">http://www.3918.org/</a>                                                                                                           |
| C4 Fusion Saturdays                                   | <b>6:00 PM</b>  |                 | 2 Meter - 146.500 - Benicia Area                                                                                                                                                            |
| HF - Golden Bear Net                                  | <b>7:00 PM</b>  |                 | 80 meters: 3.975 MHz, LSB <a href="http://www.goldenbearnet.org">www.goldenbearnet.org</a>                                                                                                  |
| Northern Calif. Net VHF Session - ARRL Traffic System | <b>7:30 PM</b>  |                 | WA6HAM, 145.410 MHz, - Split, PL = 107.2 Hz - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                                                      |
| HF - Western Public Service System Net                | <b>7:30 PM</b>  |                 | 80 meters: 3.952 MHz, LSB <a href="http://www.3952khz.net">www.3952khz.net</a>                                                                                                              |
| <b>NOTES:</b>                                         |                 |                 |                                                                                                                                                                                             |

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**Contra Costa / Alameda County / Regional - EMCOMM Nets and Club Net Information - HF NETS ARE HIGHLIGHTED**

| <b>SUNDAY</b>                                                         |                 |                 |                                                                                                                                                                                                                                    |
|-----------------------------------------------------------------------|-----------------|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Day</b>                                                            | <b>Time</b>     | <b>Verified</b> | <b>Info</b>                                                                                                                                                                                                                        |
| Over the Hill Gang Breakfast/Commute Net                              | <b>7:10 AM</b>  |                 | WA6KQB, 145.110 MHz, - Split, PL = 82.5 Hz - <a href="http://www.wa6kqb.org">www.wa6kqb.org</a> - Rep Site: San Pablo                                                                                                              |
| HF - California Rescue Net (Gordon West Net)                          | <b>8:30 AM</b>  |                 | 40 meters: 7250 KHz LSB                                                                                                                                                                                                            |
| Bathrobe ATV Net                                                      | <b>9:00 AM</b>  |                 | W6CX Repeater - Voice: 2 meters, 220 MHz and 440 meters: 147.060 /+ (100PL); Linked to 224.780/441.325 /+ (100PL) - ATV Input: 1292.50 MHz Digital 1270 MHz FM - ATV Input: 1292.50 MHz Digital 1270 MHz FM - Rep Site: Mt. Diablo |
| 9 a.m. Talk Net                                                       | <b>9:00 AM</b>  |                 | N6NFI, 145.230 MHz, - Split, PL = 100 Hz                                                                                                                                                                                           |
| Hornet Amateur Radio Club (HARC) HF Net                               | <b>9:00 AM</b>  |                 | 40 Meters, 7.215 MHz LSB                                                                                                                                                                                                           |
| HF - Ladies of the Net                                                | <b>10:00 AM</b> |                 | 40 meters: 7245 KHz LSB (Search Facebook for "Ladies of The Net", <a href="https://yrlr.net/meet">https://yrlr.net/meet</a> or contact AA6MW@BeniciaARC.com)                                                                       |
| HF - Noon Time Net                                                    | <b>12:00 PM</b> |                 | 40 meters: 7.2685 MHz LSB & 80 meters: 3970 KHz LSB                                                                                                                                                                                |
| HF - California American Legion Amateur Radio Service (CALARS) HF Net | <b>1:00 PM</b>  |                 | 40 Meters: 7.278 MHz LSB (see <a href="https://www.alcapost318.org/index.php?id=90">https://www.alcapost318.org/index.php?id=90</a> )                                                                                              |
| ECHOLINK - California American Legion Amateur Radio Service (CALARS)  | <b>1:30 PM</b>  |                 | Echolink Conference Server *FMCA-ARC* - <a href="http://www.alcapost318.org">www.alcapost318.org</a>                                                                                                                               |
| HF - RV Radio Network (except Sat)                                    | <b>5:00 PM</b>  |                 | 40 Meters: 7.264 MHz LSB <a href="https://rvradionetwork.com">https://rvradionetwork.com</a>                                                                                                                                       |
| DMR - TAC310 DMR Net                                                  | <b>5:00PM</b>   |                 | TAC310 Talkgroup                                                                                                                                                                                                                   |
| HF - San Joaquin Net                                                  | <b>6:00 PM</b>  |                 | 80 meters: 3.918 MHz, LSB <a href="http://www.3918.org/">http://www.3918.org/</a>                                                                                                                                                  |
| American Red Cross Communicators Net                                  | <b>6:00 PM</b>  |                 | WW6BAY, 443.975 MHz, + Split, PL = 100                                                                                                                                                                                             |
| CARES - LDS Collaborative Net                                         | <b>6:00 PM</b>  |                 | 2 meters: 147.060 /+ (100PL) - W6CX Repeater                                                                                                                                                                                       |
| SSB Sundays                                                           | <b>6:00 PM</b>  |                 | 2 Meter - 144.200 USB - Benicia Area                                                                                                                                                                                               |
| LDS Sunday Night Net                                                  | <b>6:30 PM</b>  |                 | KF6HTE at 444.450 MHz, positive offset with a 107.2Hz CTCSS tone                                                                                                                                                                   |
| Danville Emergency Communications Net                                 | <b>6:30 PM</b>  |                 | W6CX Repeater - 2 meters: 147.060 /+ (100PL) - Rep Site: Mt. Diablo                                                                                                                                                                |
| Disaster Communicators Forum                                          | <b>6:35 PM</b>  |                 | WW6BAY, 443.975 MHz, + Split, PL = 100                                                                                                                                                                                             |
| HF - Golden Bear Net                                                  | <b>7:00 PM</b>  |                 | 80 meters: 3.975 MHz, LSB <a href="http://www.goldenbearnert.org">www.goldenbearnert.org</a>                                                                                                                                       |
| HF - Western Public Service System Net                                | <b>7:30 PM</b>  |                 | 80 meters: 3.952 MHz, LSB <a href="http://www.3952khz.net">www.3952khz.net</a>                                                                                                                                                     |
| Northern Calif. Net VHF Session - ARRL Traffic System                 | <b>7:30 PM</b>  |                 | WA6HAM, 145.410 MHz, - Split, PL = 107.2 Hz - Rep Sites: San Ramon, Highland Peak, Kregor Peak, Orinda                                                                                                                             |
| Antioch LDS Net                                                       | <b>9:00 PM</b>  |                 | 146.415 MHz Simplex                                                                                                                                                                                                                |
| Saratoga Amateur Radio Association Net                                | <b>9:00 PM</b>  |                 | K6SA/R: 146.655 MHz, - Split, PL = 114.8 Hz (see <a href="http://www.k6sa.net">http://www.k6sa.net</a> )                                                                                                                           |
| <b>NOTES:</b>                                                         |                 |                 |                                                                                                                                                                                                                                    |

| <b>GENERAL INFORMATION:</b>    |                                                                                                             |                   |  |
|--------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------|--|
| <b>Contest Link</b>            | <a href="https://www.contestcalendar.com/weeklycont.php">https://www.contestcalendar.com/weeklycont.php</a> |                   |  |
| <b>National Traffic System</b> | Daily NCN-1                                                                                                 | 19:00 on 3.630 CW |  |
|                                | Daily NCN-2                                                                                                 | 21:00 on 3.705 CW |  |

[For Changes / Fixes / Additions to this document please email: info@ko6ofk.com](mailto:info@ko6ofk.com)

| Club Name                                           | City / Area                           | County / Region         | ARRL Section | Callsign | Website                                                                                           | Notes                                                    |
|-----------------------------------------------------|---------------------------------------|-------------------------|--------------|----------|---------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Fremont Communication Volunteers                    | Fremont                               | Alameda                 | EB           | FCV      |                                                                                                   | Emcomm-oriented group                                    |
| Alameda County Radio Amateur Civil Emerg. Service   | Alameda County                        | Alameda                 | EB           | RACES    | <a href="https://www.acgov.org/oes/races/">https://www.acgov.org/oes/races/</a>                   | RACES/emergency communications organization              |
| East Bay Amateur Radio Club                         | Oakland / East Bay                    | Alameda                 | EB           |          | <a href="https://www.ebarc.org">https://www.ebarc.org</a>                                         | East Bay club; verify current status                     |
| Berkeley Amateur Radio Club                         | Berkeley                              | Alameda                 | EB           |          | <a href="https://www.berkeleyarc.org">https://www.berkeleyarc.org</a>                             | East Bay club; verify current status                     |
| Livermore Amateur Radio Klub                        | Livermore / Tri-Valley                | Alameda                 | EB           |          | <a href="https://www.lark.org">https://www.lark.org</a>                                           | Tri-Valley club - Active                                 |
| Amador County Amateur Radio Club                    | Jackson / Amador County               | Amador                  | SJV          | K6ARC    | <a href="https://k6arc.org">https://k6arc.org</a>                                                 | Amador County club                                       |
| Bay-Net Amateur Radio Society                       | Bay Area                              | Bay Area                | SF/SCV/EB    | N6NFI    | <a href="https://www.bay-net.org">https://www.bay-net.org</a>                                     | Bay Area repeater/digital/emcomm group                   |
| Golden Empire Amateur Radio Society                 | Chico / Butte County                  | Butte                   | SV           | W6RHC    | <a href="https://www.w6rhc.org">https://www.w6rhc.org</a>                                         | Butte County area                                        |
| Paradise Amateur Radio Society                      | Paradise                              | Butte                   | SV           |          | <a href="https://paradisehams.org">https://paradisehams.org</a>                                   | Paradise/Butte County area                               |
| Calaveras Amateur Radio Society                     | Calaveras County                      | Calaveras               | SJV          |          | <a href="https://calaverasars.org">https://calaverasars.org</a>                                   | Foothills / Mother Lode club                             |
| Mt. Diablo Amateur Radio Club                       | Pleasant Hill / Contra Costa Centre   | Contra Costa            | EB           | W6CX     | <a href="https://www.mdarc.org">https://www.mdarc.org</a>                                         | Large East Bay club; repeaters, training, public service |
| Delta Amateur Radio Club                            | Brentwood                             | Contra Costa            | EB           | KD6ARC   | <a href="https://www.darc.club">https://www.darc.club</a>                                         | ARRL-affiliated East Bay club                            |
| Contra Costa County RACES                           | Contra Costa County                   | Contra Costa            | EB           |          | <a href="https://www.ccc-ares-races.org">https://www.ccc-ares-races.org</a>                       | ARES/RACES/emergency communications                      |
| San Ramon Valley Amateur Radio Society              | San Ramon Valley                      | Contra Costa            | EB           |          | <a href="https://www.srvsars.org">https://www.srvsars.org</a>                                     | Local San Ramon Valley club; verify current activity     |
| El Dorado County Amateur Radio Club                 | Placerville / El Dorado County        | El Dorado               | SV           | EDCARC   | <a href="https://edcarc.net">https://edcarc.net</a>                                               | Foothill club                                            |
| Fresno Amateur Radio Club                           | Fresno                                | Fresno                  | SJV          | W6TO     | <a href="https://www.w6to.com">https://www.w6to.com</a>                                           | San Joaquin Valley club                                  |
| Clovis Amateur Radio Pioneers                       | Clovis                                | Fresno                  | SJV          |          | <a href="https://www.k6arp.org">https://www.k6arp.org</a>                                         | Fresno/Clovis area club                                  |
| Humboldt Amateur Radio Club                         | Eureka / Humboldt County              | Humboldt                | SF           | W6ZZK    | <a href="https://www.humboldt-arc.org">https://www.humboldt-arc.org</a>                           | North Coast club                                         |
| Bishop Amateur Radio Club                           | Bishop                                | Inyo                    | ORG          | N6OV     | <a href="http://n6ov.com">http://n6ov.com</a>                                                     | Eastern Sierra; ARRL-listed                              |
| Kings Amateur Radio Club                            | Hanford / Kings County                | Kings                   | SJV          |          | <a href="https://www.kingsarc.org">https://www.kingsarc.org</a>                                   | Kings County club                                        |
| Lake County Amateur Radio Society                   | Lake County                           | Lake                    | SF/SV        |          | <a href="https://www.lcars.org">https://www.lcars.org</a>                                         | Lake County club                                         |
| Lassen Amateur Radio Club                           | Susanville / Lassen County            | Lassen                  | SV           |          |                                                                                                   | Verify current web presence                              |
| Marin Amateur Radio Society                         | Marin County                          | Marin                   | SF           | W6SG     | <a href="https://www.w6sg.net">https://www.w6sg.net</a>                                           | Marin County club                                        |
| Hamilton Wireless Association                       | Novato / Marin                        | Marin                   | SF           | K6BW     | <a href="https://www.k6bw.org">https://www.k6bw.org</a>                                           | North Bay club                                           |
| Mendocino County Amateur Radio Comm. Service        | Mendocino County                      | Mendocino               | SF           |          | <a href="https://www.mcars.org">https://www.mcars.org</a>                                         | Mendocino County club / communications service           |
| Merced Amateur Radio Club                           | Merced                                | Merced                  | SJV          |          | <a href="https://w6bxn.org/">https://w6bxn.org/</a>                                               | Verify current website/contact                           |
| Modoc Amateur Radio Club                            | Alturas / Modoc County                | Modoc                   | SV           |          |                                                                                                   | Verify current web presence                              |
| Monterey Bay Amateur Radio Association              | Monterey Bay                          | Monterey                | SCV          | K6BJ     | <a href="https://www.k6bj.org">https://www.k6bj.org</a>                                           | Monterey Bay club                                        |
| Salinas Valley Amateur Radio Club                   | Salinas Valley                        | Monterey                | SCV          | K6ARK    | <a href="https://www.k6ark.org">https://www.k6ark.org</a>                                         | Salinas Valley club                                      |
| Napa Valley Amateur Radio Society                   | Napa Valley                           | Napa                    | EB           | N6QDY    | <a href="https://www.nvars.org">https://www.nvars.org</a>                                         | Napa County club                                         |
| Nevada County Amateur Radio Club                    | Grass Valley / Nevada City            | Nevada                  | SV           |          | <a href="https://www.ncarc.org">https://www.ncarc.org</a>                                         | Nevada County club                                       |
| Western Placer Amateur Radio Club                   | Rocklin / Roseville / Lincoln         | Placer                  | SV           | WPARC    | <a href="https://wparc.us">https://wparc.us</a>                                                   | ARRL exam listing shows Western Placer ARC sessions      |
| Sierra Foothills Amateur Radio Club                 | Auburn / Foothills                    | Placer                  | SV           | W6EK     | <a href="https://www.w6ek.org">https://www.w6ek.org</a>                                           | Foothill club; VE/testing and repeaters                  |
| Northern California DX Club                         | Northern California / Bay Area        | Regional                | SF/SCV/EB    | W6TI     | <a href="https://ncdxc.org">https://ncdxc.org</a>                                                 | DX club founded 1946; Bay Area-heavy membership          |
| Northern California Contest Club                    | Northern California                   | Regional                | NCCC         |          | <a href="https://www.nccc.cc">https://www.nccc.cc</a>                                             | Contest-focused regional club                            |
| Mother Lode DX/Contest Club                         | Sacramento / Foothills                | Regional                | SV/SJV       | MLDXCC   | <a href="https://www.mldxccc.org">https://www.mldxccc.org</a>                                     | DX and contest club                                      |
| River City Amateur Radio Communications Society     | Sacramento                            | Sacramento              | SV           | N6NA     | <a href="https://sites.google.com/site/rcarcs/home">https://sites.google.com/site/rcarcs/home</a> | Sacramento-area club                                     |
| Sacramento Amateur Radio Club                       | Sacramento                            | Sacramento              | SV           | W6AK     | <a href="https://www.sacramento-arc.org">https://www.sacramento-arc.org</a>                       | Sacramento club                                          |
| Elk Grove-Florin Amateur Radio Club                 | Elk Grove / Florin                    | Sacramento              | SV           | W6EGF    | <a href="https://www.w6egf.org">https://www.w6egf.org</a>                                         | Sacramento South County club                             |
| North Hills Radio Club                              | Sacramento / North Highlands          | Sacramento              | SV           | K6IS     | <a href="https://www.k6is.org">https://www.k6is.org</a>                                           | Sacramento-area club                                     |
| San Benito County Amateur Radio Association         | Hollister / San Benito County         | San Benito              | SCV          |          | <a href="https://www.sbcars.org">https://www.sbcars.org</a>                                       | San Benito County club / ARES                            |
| San Francisco Radio Club                            | San Francisco                         | San Francisco           | SF           | W6PW     | <a href="https://www.sfarc.org">https://www.sfarc.org</a>                                         | Active SF club; parks/on-air activities                  |
| Lodi Amateur Radio Club                             | Lodi                                  | San Joaquin             | SJV          |          | <a href="https://lodiarc.org">https://lodiarc.org</a>                                             | Central Valley club                                      |
| Stockton-Delta Amateur Radio Club                   | Stockton                              | San Joaquin             | SJV          | W6SF     | <a href="https://www.w6sf.org">https://www.w6sf.org</a>                                           | Stockton/San Joaquin club                                |
| San Mateo Radio Club                                | San Mateo                             | San Mateo               | SF           | W6UQ     | <a href="https://w6uq.org">https://w6uq.org</a>                                                   | Peninsula club                                           |
| Portola Valley Amateur Radio Club                   | Portola Valley / Woodside             | San Mateo               | SF           | KM6DLG   | <a href="https://radio.rothrockfamily.com">https://radio.rothrockfamily.com</a>                   | Maintains local repeaters and CERT support               |
| Stanford Amateur Radio Club                         | Stanford                              | Santa Clara             | SCV          | W6YX     | <a href="https://w6yx.stanford.edu">https://w6yx.stanford.edu</a>                                 | University radio club / contest station                  |
| Sunnyvale Amateur Radio Emergency Service           | Sunnyvale                             | Santa Clara             | SCV          | N6SNY    | <a href="https://www.sares.org">https://www.sares.org</a>                                         | Emergency communications focus                           |
| South Bay Amateur Radio Association                 | San Jose / South Bay                  | Santa Clara             | SCV          | W6SBA    | <a href="https://www.sbara.org">https://www.sbara.org</a>                                         | South Bay club                                           |
| Santa Clara County Amateur Radio Association        | San Jose / Santa Clara County         | Santa Clara             | SCV          | SCCARA   | <a href="https://www.sccara.org">https://www.sccara.org</a>                                       | Countywide amateur radio association                     |
| Foothills Amateur Radio Society                     | Los Altos / Cupertino / Mountain View | Santa Clara             | SCV          | K6YA     | <a href="https://www.fars.k6ya.org">https://www.fars.k6ya.org</a>                                 | South Bay/Peninsula club                                 |
| Palo Alto Amateur Radio Association                 | Palo Alto                             | Santa Clara / San Mateo | SCV          | PAARA    | <a href="https://www.paara.org">https://www.paara.org</a>                                         | Peninsula/South Bay club                                 |
| Santa Cruz County Amateur Radio Club                | Santa Cruz County                     | Santa Cruz              | SCV          |          | <a href="https://www.k6bj.org">https://www.k6bj.org</a>                                           | Verify current structure/affiliation locally             |
| Shasta Cascade Amateur Radio Society                | Redding / Shasta Cascade              | Shasta                  | SV           | W6EKO    | <a href="https://www.w6eko.org">https://www.w6eko.org</a>                                         | North State club                                         |
| Intermountain Amateur Radio Club                    | Burney / Intermountain                | Shasta / Lassen / Modoc | SV           | KI6YJR   |                                                                                                   | ARRL listing; verify current web presence                |
| Siskiyou County Amateur Radio Club                  | Yreka / Siskiyou County               | Siskiyou                | SV           |          | <a href="https://siskiyouarc.org">https://siskiyouarc.org</a>                                     | Far Northern California club                             |
| Sonoma County Radio Amateurs                        | Santa Rosa / Sonoma County            | Sonoma                  | SF           | W6SON    | <a href="https://w6son.org">https://w6son.org</a>                                                 | Sonoma County club                                       |
| Valley of the Moon Amateur Radio Club               | Sonoma Valley                         | Sonoma                  | SF           |          | <a href="https://vomarc.org">https://vomarc.org</a>                                               | Sonoma Valley club                                       |
| Redwood Empire DX Association                       | North Bay / Redwood Empire            | Sonoma / Marin / Napa   | SF           |          | <a href="https://www.redxa.com">https://www.redxa.com</a>                                         | DX-focused North Bay group                               |
| Turlock Amateur Radio Club                          | Turlock                               | Stanislaus              | SJV          |          | <a href="https://w6bxn.org">https://w6bxn.org</a>                                                 | Central Valley club                                      |
| Stanislaus Amateur Radio Association                | Modesto / Stanislaus County           | Stanislaus              | SJV          | W6ERE    | <a href="https://www.w6ere.org">https://www.w6ere.org</a>                                         | Modesto area club                                        |
| Tulare County Amateur Radio Club                    | Visalia / Tulare County               | Tulare                  | SJV          |          | <a href="https://www.tcarc.net">https://www.tcarc.net</a>                                         | Tulare County club                                       |
| Tuolumne County Amateur Radio & Electronics Society | Tuolumne County                       | Tuolumne                | SJV          |          | <a href="https://tcares.net">https://tcares.net</a>                                               | Mother Lode club                                         |
| Berryessa Amateur Radio Klub                        | Winters / Lake B / Yolo / Solano      | Yolo / Solano           | SV           |          | <a href="https://www.barkradio.org">https://www.barkradio.org</a>                                 | Listed in River City ARCS Sacramento-area club links     |
| Yuba-Sutter Amateur Radio Club                      | Yuba City / Marysville                | Yuba / Sutter           | SV           | YSARC    | <a href="https://www.ysarc.net">https://www.ysarc.net</a>                                         | ARRL exam listing shows Yuba-Sutter ARC sessions         |